

# AL-A-NEWS

## Al-Anon/Alateen District 10 Newsletter

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### District 10 Business Meeting held May 9, 2026:

Reminder to send in your Timely Topics to our District Rep., Marla by June 5<sup>th</sup> (<https://www.afgarea9.org/alt-delegates-alcove-p64.html>)

Don't forget to pre-register for the Area Virtual Assembly to be held June 5 - 7 (<https://www.afgarea9.org/assembly>)

Our annual district Gratitude event celebrating Al-Anon's 75<sup>th</sup> Anniversary will be held June 13<sup>th</sup>. See June Jubilee flyer on next page. Also, groups are invited to bring a raffle basket.

Public Outreach: Thank you to everyone who participated in outreach at the NAMI Greater Orlando walk on May 2<sup>nd</sup>. It was another very successful event. If you are interested in joining the Public Outreach team, please let them know. You may also use the D-10 email [afgdistrict10info@gmail.com](mailto:afgdistrict10info@gmail.com) to get in touch.

Our Spanish Coordinator is holding Zoom meetings to discuss ways to help Spanish groups remain open and to start new meetings in areas that do not currently have them. If you have ideas, suggestions, or would like to join us and share your thoughts, please let Mariangeles know.

### Area News You can Use

The Area Service Workshop will be held Sept. 19<sup>th</sup> in Jacksonville. We have a room block reserved at Hilton Garden Inn for Sept. 17 – 20<sup>th</sup>, 2026.  
<https://www.hilton.com/en/attend-my-event/>



### District 10 LITERATURE NEWS



Just in time for our Elections to be held later this year we have a new FREE electronic version of the 2026-2029 Al-Anon/Alateen Service Manual. <https://ecomm.al-anon.org/>



## Upcoming Events

### Happy Al-Anon Family Groups' 75<sup>th</sup> Anniversary

**June 5-7 Area Virtual Assembly**

**June 13** District 10 June Jubilee Gratitude Lunch\* 9:30 am – 1:30 pm Celebrating 75 years of Al-Anon

**July 11** Dist. 10 Business Meeting 9am-12pm

**July 18** AWSC (via Zoom)

**Aug. 6-9** AA Florida State Convention w/Al-Anon participation @Rosen Plaza

**Aug. 8** District 10 Workshop

**Aug. 15** AWSC (via Zoom) Area DR's, DISL & Area Coordinators

**Aug. 28-30** NFA AFG Convention

**Sept. 12** Dist. 10 Business Meeting **District Elections**

**Sept. 19** Area Service Workshop 9:30 am – 3:30 pm in Jacksonville

**Oct. 10** District 10 Workshop

**Oct. 16-18** Assembly – Area Elections @Hilton Altamonte

**Nov. 14** Dist. 10 Business Meeting 9am-12pm

**Dec. 12** District 10 Turnover Meeting, Panel 64 to Panel 67

\*Unless otherwise indicated, all local District 10 business meetings and workshops are held at:

[4605 Curry Ford Rd, Orlando, FL 32812](https://www.hilton.com/en/attend-my-event/)

## Meeting Makers Make It

<https://al-anonorlando.org/al-anon-district-10-meetings/>

Check the website for current updates...

### Happy Anniversary to the following meetings:

Just For Today AFG = 37 years

Solo Por Hoy AFG = 22 years

Family & Friends AFG = 2 years



We are very grateful for District 10's The Great Escape Room(s) of AFG Workshop held on April 11<sup>th</sup>. Had fun being challenged and learning to replace survival tools with the AFG tools of recovery.



## Al-Anon's Time Machine: A Journey Back 75 Years

Hop aboard the Al-Anon Time Machine and travel back through 75 years of Al-Anon history to our beginnings in 1951!

Al-Anon began as a grassroots fellowship of families and friends of A.A. members. In 1951, Cofounders Lois W. and Anne B. launched the Clearing House, reaching out to 87 groups across the US, Canada, Australia, Ireland, and South Africa to unify the family groups. The Clearing House was more than a name; it was a lifeline of connection and hope.

That year saw the first P.O. box as well as the first pamphlet, the first use of the name Al-Anon Family Groups, and the first Advisory Committee. In June 1951, the Family Forum, published at that time by Ruth G. and the Family Groups of San Francisco, and the A.A. Grapevine told subscribers around the world about the new Clearing House and encouraged them to get in touch.

Did you know? International outreach also began in 1951! And Stepping Stones, home of Lois and Bill W., served as a spiritual and organizational hub.

Whether you've been in Al-Anon for a day or decades, you are part of this legacy. Join us in celebrating 75 years by attending the World Service Office (WSO) Open House on Saturday, April 25, 2026, and visiting the WSO Archives for more stories and photos.

Go to [Al-Anon's 75th Anniversary](#) event page for more information. *The Forum*, March 2026

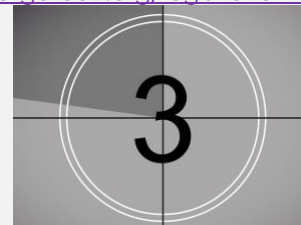
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## Florida North Annual Convention (Radisson Resort at the Port)



**8/28/2026 – 8/30/2026**

[www.afgarea9.org/registration2026.html](http://www.afgarea9.org/registration2026.html)



3 months & counting

District 10 AFG, Inc.  
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Orlando, FL 32837

NFA AFG Inc.  
1767 Lakewood Ranch Blvd PMB  
#249  
Bradenton, FL 34211

AFG Inc.  
1600 Corporate Landing Pkwy  
Virginia Beach, VA 23454

### \*Tradition 7:

\*The 7<sup>th</sup> Tradition states: "Every group ought to be fully self-supporting, declining outside contributions." See WSO, AREA & District 10 addresses above.



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