

## **Al-anon Family Groups**

### **District 10 North Florida Area**

#### **Alternate District Representative's Report by Karen R.**

#### **For March 14, 2026, Meeting**

I would like to say thank you to the Panel members and group representatives who were present and assisted in conducting a successful January 10, 2026, District meeting. This was followed in February by a well-attended and wonderful workshop on February 14<sup>th</sup>. Organized by Carla, the panel of three walked us through *Loving Yourself Using Tools of the Program*. There were 30 people in attendance.

If you or your group are interested in leading a workshop, please remember that they occur on the even numbered months. Workshops are at our usual district meeting place: First United Church of Christ, 4605 Curry Ford Rd., Orlando. Snacks and donations for 7<sup>th</sup> tradition are always welcome. Mark your calendar for June 13<sup>th</sup> for the District 10 June Jubilee celebration of Al-anon's 75<sup>th</sup> anniversary.

Updates to the District 10 Calendar for the next year will be made following the March 14, 2026, D10 meeting and posted on the website, Please let me know if you have any updates or edits to the Calendar and I will make those adjustments.

Remember that you, too, can be a Forum cheerleader. Newer members who are chairing a meeting for the first time might find the instant meeting material helpful and less intimidating than coming up with a topic and readings on their own. I didn't see any Florida authors in the March Forum. Please let me know if I missed one!

Thank you for the opportunity to serve.

Karen R.  
Alternate District Representative