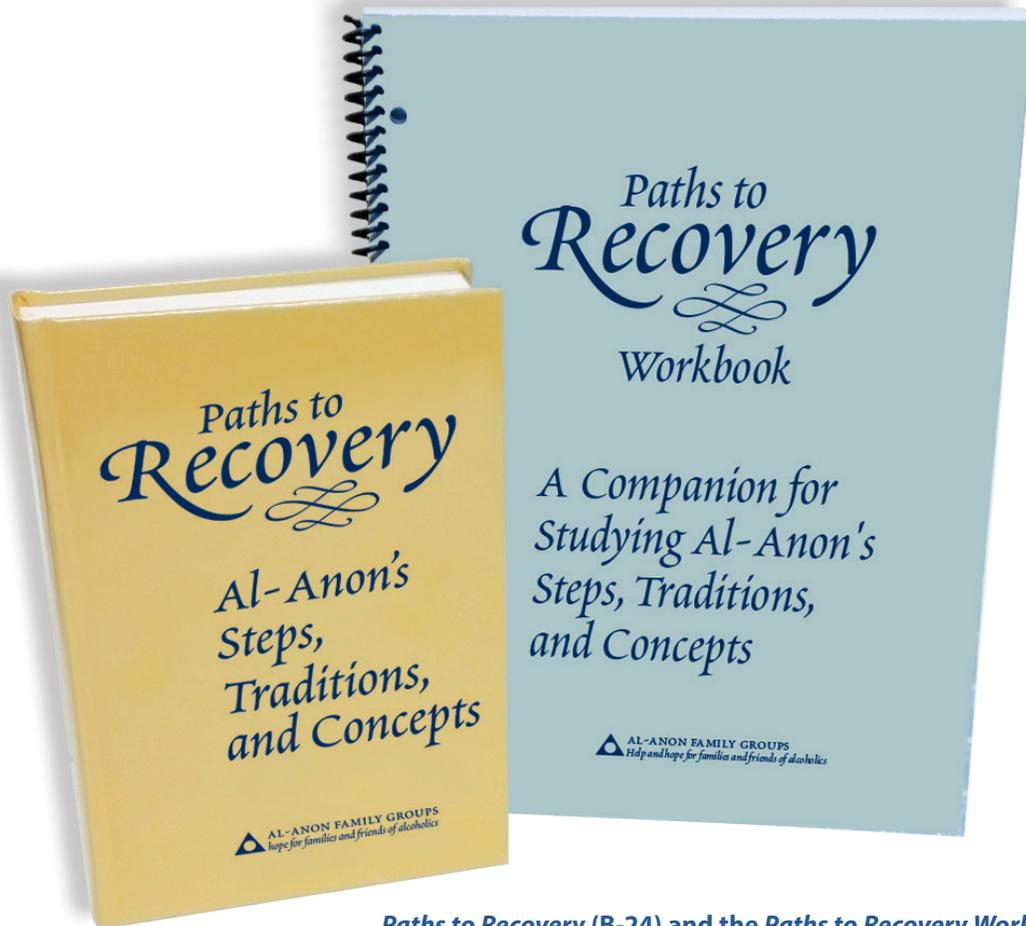


---

# We're Living the Legacies

in Al-Anon Conference Approved Literature

---



*Paths to Recovery (B-24) and the Paths to Recovery Workbook (P-93)*

# 2017 CATALOG



Al-Anon Family Groups  
Help and hope for families and friends of alcoholics

The Al-Anon/Alateen literature and materials in this catalog are available through local Al-Anon Literature Distribution Centers. If there are no Distribution Centers nearby, you can order Al-Anon/Alateen literature and materials using the form on page 14 or from the Al-Anon Online Store at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

***The Dilemma of the Alcoholic Marriage***

Help for the spouse in dealing with problems in alcoholic relationships. Discusses anger, communication, sex, and more. Indexed, softcover. 102 pages.

**B-4 \$8.50**

B-4c (Case of 24) \$153.00

LDC/GSO: \_\_\_\_\_



***... In All Our Affairs: Making Crises Work for You***

Facing difficult situations, members reveal how they applied specific Al-Anon principles. Includes overcoming problems of abuse, death, infidelity, and more. Indexed, softcover. 255 pages.

**B-15 \$12.00**

B-15c (Case of 24) \$216.00

LDC/GSO: \_\_\_\_\_



***The Al-Anon Family Groups—Classic Edition***

Al-Anon's first book, in its original text, remains pertinent, connecting us with our pioneer members' legacy. With an added introduction, footnotes, and appendix. Indexed. 196 pages.

**B-5 \$12.00**

B-5c (Case of 24) \$216.00

LDC/GSO: \_\_\_\_\_



***From Survival to Recovery: Growing Up in an Alcoholic Home***

Al-Anon adult children tell their stories. Explores the long-term effects of being raised with alcoholism, and why Al-Anon can help. Indexed. 303 pages.

**B-21 \$16.00**

B-21c (Case of 24) \$288.00

LDC/GSO: \_\_\_\_\_



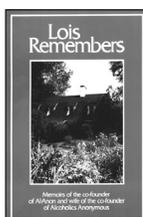
***Lois Remembers***

Al-Anon's beginnings, as recalled by our cofounder, Lois W. She also describes the eventful years leading up to the founding of A.A. and Al-Anon. Illustrated, indexed, softcover. 208 pages.

**B-7 \$11.00**

B-7c (Case of 24) \$198.00

LDC/GSO: \_\_\_\_\_



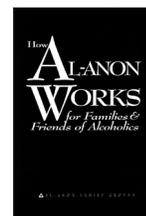
***How Al-Anon Works for Families & Friends of Alcoholics***

Hardcover edition of Al-Anon's basic book discusses our mutual-help program of recovery, including personal stories. Indexed. 416 pages. (See also B-32.)

**B-22 \$15.00**

B-22c (Case of 24) \$270.00

LDC/GSO: \_\_\_\_\_



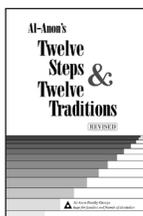
***Al-Anon's Twelve Steps & Twelve Traditions (Revised)***

Our first two Legacies, the Twelve Steps and Twelve Traditions, come alive through essays, reflections, and members' stories. Indexed. 164 pages.

**B-8 \$10.00**

B-8c (Case of 24) \$180.00

LDC/GSO: \_\_\_\_\_

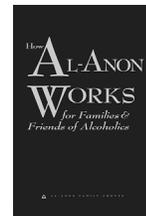


***How Al-Anon Works for Families & Friends of Alcoholics***

Softcover edition of Al-Anon's basic book is ideal for sharing widely with newcomers as a way of "paying our gratitude forward." Available in U.S. and Canada only. Indexed, softcover. 416 pages.

**B-32 \$6.00**

LDC/GSO: \_\_\_\_\_



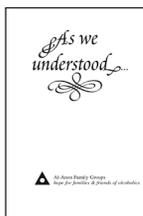
***As We Understood . . .***

Spirituality, Al-Anon style. Members share their understanding of the spiritual ideas and tools of the Al-Anon program. Indexed. 273 pages.

**B-11 \$11.00**

B-11c (Case of 24) \$198.00

LDC/GSO: \_\_\_\_\_



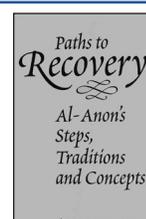
***Paths to Recovery—Al-Anon's Steps, Traditions, and Concepts***

Thorough study guide for our Legacies. In-depth chapters on each Step, Tradition, and Concept of Service provide insight. Includes thought-provoking questions. Indexed. 366 pages.

**B-24 \$19.00**

B-24c (Case of 24) \$342.00

LDC/GSO: \_\_\_\_\_



Prices are U.S. currency and subject to change. For current prices, check the Online Store on our Web site or contact Al-Anon's World Service Office at (757) 563-1600.

***(Many of these items are also available in French and Spanish. You can request the FS-16 or SS-16 order forms from the WSO or download them from our Web site.)***

Al-Anon Family Group Headquarters, Inc.

***NEW! Paths to Recovery Set***

Includes *Paths to Recovery* (B-24) and *Paths to Recovery Workbook* (P-93).

**K-31 \$25.00**

LDC/GSO: \_\_\_\_\_

*\* This announcement is informational only, and not an endorsement of any electronic media provider, reader, or other products sold by electronic media providers.*

## Al-Anon electronic literature!

The following Conference Approved Literature is available for purchase through your electronic media provider:

- Courage to Change e-book** (eB-16)
- Courage to Change audiobook** (eA-16)
- How Al-Anon Works audiobook** (eA-22)
- How Al-Anon Works e-book** (eB-22)
- Having Had a Spiritual Awakening . . . e-book** (eB-25)
- One Day at a Time in Al-Anon audio book** (eA-6)
- Alateen—Hope for Children of Alcoholics e-book** (eB-3)

### Opening Our Hearts, Transforming Our Losses



Grief and loss affect almost every aspect of living—or having lived—with alcoholism. Members share how they have learned to acknowledge and accept these losses with the help of Al-Anon Family Groups. Indexed, softcover. 201 pages.

**B-29 \$14.00**

B-29c (Case of 24) \$252.00

**LDC/GSO:** \_\_\_\_\_

### Discovering Choices



Recovery in relationships affected by alcoholism is explored in-depth as members share how they have improved a wide variety of relationships by using the program's tools. Indexed, softcover. 335 pages.

**B-30 \$15.00**

B-30c (Case of 24) \$270.00

**LDC/GSO:** \_\_\_\_\_

### Many Voices, One Journey— Al-Anon Family Groups



Al-Anon's story of growth and recovery as experienced by the fellowship as a whole and individual members over Al-Anon's first 60 years. Personal stories, interspersed with insightful discussion questions, tell how members found the courage to change as they faced challenges in their personal lives and in the development of the fellowship. Indexed, softcover. 426 pages.

**B-31 \$16.00**

B-31c (Case of 24) \$288.00

**LDC/GSO:** \_\_\_\_\_

## Electronic version of *The Forum* is available!

Individual copies of *The Forum* are available on Amazon and Kobo for \$1.49 (U.S.) and Apple iTunes for \$1.99 (U.S.). An annual electronic subscription is available from Barnes & Noble for \$11 (U.S.), with individual copies for \$1.49 (U.S.).\*

\* This announcement is informational only, and not an endorsement of any electronic media provider, reader, or other products sold by electronic media providers.

See page seven for Alateen books

## Daily Readers

### One Day at a Time in Al-Anon



An Al-Anon classic! Inspirational readings relate Al-Anon philosophy to everyday situations, helping to make each day better than the one before. Indexed. 384 pages.

**B-6 \$11.00**

B-6c (Case of 24) \$198.00

**LDC/GSO:** \_\_\_\_\_

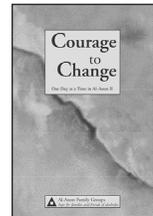
### B-14 Large-print edition \$14.00

B-14c (Case of 24) \$252.00

**LDC/GSO:** \_\_\_\_\_

The *One Day at a Time in Al-Anon* audiobook (eA-6) is available as a downloadable MP3 file through Amazon.com, Apple's iTunes Store, and Audible.com. Search under "Al-Anon Family Groups."\*

### Courage to Change—One Day at a Time in Al-Anon II



More daily inspiration from a fresh, diverse perspective. Insightful reflections reveal surprisingly simple things that can transform lives. Indexed. 384 pages.

**B-16 \$14.00**

B-16c (Case of 24) \$252.00

**LDC/GSO:** \_\_\_\_\_

### B-17 Large-print edition \$17.00

B-17c (Case of 24) \$306.00

**LDC/GSO:** \_\_\_\_\_

The *Courage to Change* e-book (eB-16) is available through Amazon, Apple's iTunes Store, Barnes & Noble, and Kobo. The *Courage to Change* audiobook (eA-22) is available as a downloadable MP3 file through Amazon.com, Apple's iTunes Store, and Audible.com. Search under "Al-Anon Family Groups."\*

## Buy together and save!

### The Set: ODAT & CTC

Buy together and save! Get both *One Day at a Time in Al-Anon* and *Courage to Change* at a reduced price.

**B-18 \$23.00**

B-18c (Case of 24) \$414.00

**LDC/GSO:** \_\_\_\_\_

**B-19 Large-print set \$28.00**

B-19c (Case of 24) \$504.00

**LDC/GSO:** \_\_\_\_\_

### Hope for Today

Daily sharings from Al-Anon's adult children members are for anyone who wants to grow in acceptance, compassion, and understanding. Indexed. 383 pages.

**B-27 \$14.00**

B-27c (Case of 24) \$252.00

**LDC/GSO:** \_\_\_\_\_

**B-28 Large-print, softcover edition \$17.00**

B-28c (Case of 24) \$306.00

**LDC/GSO:** \_\_\_\_\_

**Note:** If you are purchasing from an Al-Anon Literature Distribution Center (LDC) or General Service Office (GSO), use the price listed after LDC/GSO and send to the separate address in the box on the back page.

**Blueprint for Progress (Original Version)**

Al-Anon's Fourth Step booklet includes reflections and inventory questions on six different aspects of personal growth. 5 1/2 x 8 1/2, 64 pages. (Also see P-91)

**P-5 \$4.00**

P-5c (Case of 150) \$540.00

**LDC/GSO:** \_\_\_\_\_



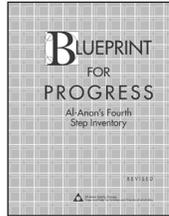
**Blueprint for Progress: Al-Anon's Fourth Step Inventory (Revised)**

Workbook for conducting an in-depth inventory, expanded from P-5 to include additional sections on fear, anger, control, intimacy, sex, finances, and spirituality. Spiral bound and 8 1/2 x 11. Three-hole punched. 96 pages.

**P-91 \$9.00**

P-91c (Case of 50) \$405.00

**LDC/GSO:** \_\_\_\_\_



All Al-Anon/Alateen material is a collection of the shared experience, strength, and hope of its members, regardless of race, creed, gender, sexual orientation, age, and walks of life. Further, it is suggested that members read *all* material, not only that which focuses on particular situations.

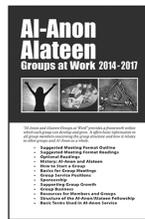
**Al-Anon and Alateen Groups at Work**

Indispensable resource for members and groups. Includes Meeting Format, as well as ideas and information to encourage group unity.

**P-24 \$1.00**

P-24c (Case of 150) \$135.00

**LDC/GSO:** \_\_\_\_\_



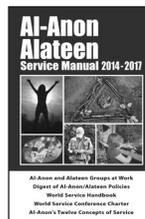
**Al-Anon/Alateen Service Manual**

Essential reference sourcebook. Contains "Al-Anon and Alateen Groups at Work," "Digest of Al-Anon and Alateen Policies," "World Service Handbook," and descriptive text explaining "Al-Anon's Twelve Concepts of Service." Current edition. Indexed. Spiral bound.

**P-24/27 \$5.00**

P-24/27c (Case of 24) \$108.00

**LDC/GSO:** \_\_\_\_\_



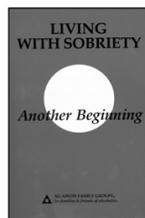
**Living with Sobriety: Another Beginning**

Sobriety brings new challenges for the family and friends as well as the alcoholic. In this booklet, members share how they met these challenges. Indexed. 52 pages.

**P-49 \$4.00**

P-49c (Case of 150) \$540.00

**LDC/GSO:** \_\_\_\_\_



**Remember—**

when you buy from your local Literature Distribution Center, you support your local services.

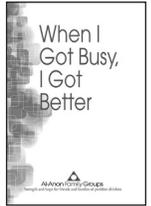
**When I Got Busy, I Got Better**

The secret to recovery is service. Members share how Twelfth Step work builds self-esteem, confidence, and trust while reducing fear and isolation. 64 pages.

**P-78 \$4.00**

P-78c (Case of 150) \$540.00

**LDC/GSO:** \_\_\_\_\_



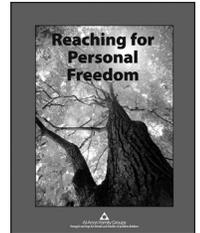
**Reaching for Personal Freedom—Living the Legacies**

A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples from members and thought-provoking questions. Spiral bound and 8 1/2 x 11. Three-hole punched. 176 pages.

**P-92, \$15.00**

P-92c (Case of 24) \$270.00

**LDC/GSO:** \_\_\_\_\_



**NEW! Paths to Recovery Workbook**

This companion piece to Paths to Recovery (B-24) contains the thought-provoking questions on each Step, Tradition, and Concept of Service found in the book, with space to write answers. Spiral bound and 8 1/2 x 11. Three-hole punched. 112 pages.

**P-93, \$10.00**

P-93c (Case of 50) \$450.00

**LDC/GSO:** \_\_\_\_\_

**NEW! Paths to Recovery Set**

Includes *Paths to Recovery* (B-24) and *Paths to Recovery Workbook* (P-93).

**K-31 \$25.00**

**LDC/GSO:** \_\_\_\_\_

**Translations are available in 40 languages. See catalog listings on page 14 for details**

Al-Anon Conference Approved Literature (CAL) presents the Al-Anon program to members of our fellowship and the public at large. All Al-Anon CAL bears this seal along with the words:



Approved by  
World Service Conference  
Al-Anon Family Groups

This seal and statement give the assurance that the literature is produced only by Al-Anon and is consistent with the Twelve Steps, Twelve Traditions, and Twelve Concepts of Service of Al-Anon Family Groups.

**Al-Anon, You, and the Alcoholic**

Q & A basics address the most common concerns about Al-Anon and how it helps. Eight pages.

**P-2 \$ .35** LDC/GSO: \_\_\_\_\_



**The Twelve Steps and Traditions**

A pocket-sized starter guide to Al-Anon's Steps and Traditions. Also includes the "Three Obstacles to Success in Al-Anon." 24 pages.

**P-17 \$ .75** LDC/GSO: \_\_\_\_\_



**Alcoholism, a Merry-Go-Round Named Denial**

An Al-Anon classic! Dramatic analogy helps family members and friends see roles they play in the lives of alcoholics. 24 pages.

**P-3 \$ .75** LDC/GSO: \_\_\_\_\_



**What Do YOU Do about the Alcoholic's Drinking?**

Depicts common misconceptions of family members and friends of alcoholics in trying to cope and how Al-Anon can help. Eight pages.

**P-19 \$ .30** LDC/GSO: \_\_\_\_\_



**Alcoholism, the Family Disease**

Longtime favorite includes personal stories, questions and answers, "Do's and Don'ts," "Just for Today," "Maturity Checklist," and the "Three Obstacles to Success in Al-Anon." 32 pages.

**P-4 \$ .80** LDC/GSO: \_\_\_\_\_  
**P-4L Large-print \$1.50** LDC/GSO: \_\_\_\_\_



**Sponsorship, What It's All About**

Basic explanation of sponsorship provides guidance on finding a Sponsor, what to expect, and suggestions for Sponsors. 16 pages.

**P-31 \$ .40** LDC/GSO: \_\_\_\_\_



**Freedom from Despair**

A message of hope for anyone facing alcoholism, a problem we can't solve alone. Four pages.

**P-6 \$ .20** LDC/GSO: \_\_\_\_\_



**This Is Al-Anon**

Mini meeting guide includes Al-Anon's Suggested Welcome; Preamble; Serenity Prayer; Twelve Steps, Traditions, Concepts of Service; the slogans; and Closing. 12 pages.

**P-32 \$ .40** LDC/GSO: \_\_\_\_\_



**A Guide for the Family of the Alcoholic**

Clear, realistic look at alcoholism, the problems encountered by those close to the alcoholic, and the choices available to the family. 12 pages.

**P-7 \$ .35** LDC/GSO: \_\_\_\_\_



**Why Anonymity in Al-Anon?**

Covers the many reasons why anonymity is an important Al-Anon principle. Updated to address concerns of how to apply this principle to everyday situations, including Internet use. Eight pages.

**P-33 \$ .35** LDC/GSO: \_\_\_\_\_



**Purpose and Suggestions**

Al-Anon's first pamphlet describes our fellowship's purpose and suggestions for applying it to improve our lives. Six pages.

**P-13 \$ .25** LDC/GSO: \_\_\_\_\_



**Al-Anon Sharings from Adult Children**

Lingering effects of parental alcoholism are illustrated through personal stories. Includes section on how adult children apply the Twelve Steps. 24 pages.

**P-47 \$ .75** LDC/GSO: \_\_\_\_\_



**So You Love an Alcoholic**

Suggests first steps to take for a changed attitude toward the alcoholic. Unexpected answers to the question, "What shall I do?" Six pages.

**P-14 \$ .25** LDC/GSO: \_\_\_\_\_



**Understanding Ourselves and Alcoholism**

Learn about the disease and how compulsion, addiction, obsession, and denial affect alcoholics and those close to them. Six pages.

**P-48 \$ .25** LDC/GSO: \_\_\_\_\_



**Three Views of Al-Anon—Alcoholics Speak to the Family**

Includes "An Open Letter from an Alcoholic" and other insightful essays from A.A. members on why they recommend Al-Anon to the families and friends of alcoholics. Eight pages.

**P-15 \$ .30** LDC/GSO: \_\_\_\_\_



**Al-Anon Spoken Here**

Keeping it Al-Anon to avoid dilution of our program. Questions and answers help us maintain our focus on Al-Anon, regardless of other interests or affiliations. Eight pages.

**P-53 \$ .35** LDC/GSO: \_\_\_\_\_



See page eight for Alateen pamphlets

**The Concepts—  
Al-Anon's Best-Kept Secret?**

Explains Al-Anon's third Legacy for worldwide service in an easy-to-understand manner. Illustrated. 32 pages.

**P-57 \$1.00 LDC/GSO: \_\_\_\_\_**



**Alateens Share with Adults in Their Lives**

For any adult in contact with a teenager affected by someone else's drinking. (Formerly titled *Dear Mom & Dad*.) Six pages. Revised 2016.

**P-67 \$.30 LDC/GSO: \_\_\_\_\_**



**Al-Anon's Twelve Traditions Illustrated**

Al-Anon's second Legacy described with simplicity and humor to help us grasp the principles of the Twelve Traditions. Illustrated. 32 pages.

**P-60 \$1.00 LDC/GSO: \_\_\_\_\_**



**Al-Anon's Cofounders:  
The Extraordinary Work of  
Two Ordinary Women**

About Al-Anon's beginnings, and how Lois W. and Anne B. founded Al-Anon Family Groups. Six pages.

**P-87 \$.50 LDC/GSO: \_\_\_\_\_**



**Does She Drink Too Much? From Men,  
about the Women in Their Lives**

Men affected by women alcoholics share how Al-Anon has helped them. Six pages.

**P-62 \$.30 LDC/GSO: \_\_\_\_\_**



**Service Sponsorship: Working Smarter,  
Not Harder**

Benefits of not doing it alone by having or being a Service Sponsor are explained. Includes tips for effective service experiences. Eight pages.

**P-88 \$.50 LDC/GSO: \_\_\_\_\_**



**Al-Anon welcomes anyone affected by someone else's drinking**

**Al-Anon Is for Men**

Helps men identify typical reactions to alcoholism in another person. Six pages.

**P-1 \$.30 LDC/GSO: \_\_\_\_\_**



**Al-Anon's Path to Recovery—  
Al-Anon Family Groups Welcome  
Native Americans/Aboriginals**

Outreach tool for Native communities describes the benefits of the Al-Anon program. Six pages.

**S-67 \$.05 LDC/GSO: \_\_\_\_\_**

*Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).*



**How Can I Help My Children?**

Inspiring stories by parents describe how they helped their children understand the family disease of alcoholism. 24 pages.

**P-9 \$.70 LDC/GSO: \_\_\_\_\_**



**Al-Anon Family Groups Welcome...  
African Americans...African  
Canadians...All People of Color**

Outreach tool for people of color can help them identify a need for the Al-Anon program. Six pages.

**S-68 \$.05 LDC/GSO: \_\_\_\_\_**

*Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).*



**To Parents of Alcoholics**

Sharings from parents of alcoholics and answers to frequently asked questions help relieve the fear, anger, blame, guilt, and confusion of realizing your child is an alcoholic. 16 pages.

**P-16 \$.75 LDC/GSO: \_\_\_\_\_**



**Al-Anon Family Groups Welcome  
Adult Children of Alcoholics**

Outreach tool for those who grew up with alcoholism. Six pages.

**S-69 \$.05 LDC/GSO: \_\_\_\_\_**

*Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).*



**The Al-Anon Focus**

Al-Anon members who are recovering alcoholics describe how focusing on the Al-Anon approach has helped them face the effects of someone else's drinking. Six pages.

**P-45 \$.30 LDC/GSO: \_\_\_\_\_**



**Parents of Alcoholics Reprint**

Stories from parents of alcoholics describe their struggle with detachment, responsibility, guilt, and letting go. Reprinted from Al-Anon's monthly magazine, *The Forum*. 12 pages.

**R-18 \$1.00 LDC/GSO: \_\_\_\_\_**



**Al-Anon Family Groups Welcome  
Gays and Lesbians**

Outreach tool for gays and lesbians shares that hope and help are available in Al-Anon. Six pages.

**S-70 \$.05 LDC/GSO: \_\_\_\_\_**

*Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).*



Alateen provides mutual support meetings for younger family members and friends of alcoholics. There is a wealth of wisdom for members of all ages in our Alateen literature.

## Books/Booklets

### Alateen—Hope for Children of Alcoholics

Basic introductory book for teens affected by someone else's drinking. Easy-to-understand explanation of alcoholism and the Alateen program. Indexed, softcover. 128 pages.

**B-3 \$7.50**

B-3c (Case of 24) \$135.00

**LDC/GSO:** \_\_\_\_\_

The *Alateen—Hope for Children of Alcoholics* e-book (eB-3) is available through Amazon, Apple's iTunes Store, Barnes & Noble, and Kobo. Search under "Al-Anon Family Groups." \*



### Alateen—a day at a time

Daily help for teens. Positive sharings from Alateen members around the world. Indexed. 384 pages.

**B-10 \$9.50**

B-10c (Case of 24) \$171.00

**LDC/GSO:** \_\_\_\_\_



### Courage to Be Me—Living with Alcoholism

Alateen's most comprehensive book, filled with shared recovery from Alateen members. Includes workshops for group discussions. Indexed, softcover. 326 pages.

**B-23 \$11.00**

B-23c (Case of 24) \$198.00

**LDC/GSO:** \_\_\_\_\_



### Living Today in Alateen

Alateen's second daily reader shows how members practice the program right now, today. Indexed. 378 pages.

**B-26 \$13.00**

B-26c (Case of 24) \$234.00

**LDC/GSO:** \_\_\_\_\_



### Alateen's 4<sup>th</sup> Step Inventory

This workbook keeps it simple for members of any age, with questions, cartoons, and space to write or draw your feelings. 48 pages.

**P-64 \$5.00**

P-64c (Case of 150) \$675.00

**LDC/GSO:** \_\_\_\_\_



### If Your Parents Drink Too Much

Alateen's cartoon booklet presents three separate stories of teenagers whose parents have drinking problems. 24 pages.

**P-22 \$5.50**

**LDC/GSO:** \_\_\_\_\_



### Alateen Service e-Manual

Information for Alateen Group Sponsors and all Al-Anon Members Involved in Alateen Service (AMIAS). Available on the Members' Web site, [al-anon.org/members](http://al-anon.org/members).

### Alateen Talks Back on: Acceptance

Alateen members share on accepting the reality of their lives using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated.

32 pages.

**P-68 \$2.00**

P-68c (Case of 150) \$270.00

**LDC/GSO:** \_\_\_\_\_



### Alateen Talks Back on: Serenity

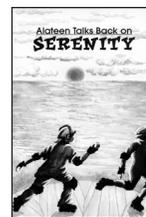
Alateen members share on searching for serenity using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated.

32 pages.

**P-69 \$2.00**

P-69c (Case of 150) \$270.00

**LDC/GSO:** \_\_\_\_\_



### Alateen Talks Back on: Slogans

Alateen members share how the slogans help, using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated.

32 pages.

**P-70 \$2.00**

P-70c (Case of 150) \$270.00

**LDC/GSO:** \_\_\_\_\_



### Alateen Talks Back on: Detachment

Alateen members share on letting go with love, using prose, poetry, and artwork from the *Alateen Talk* newsletter. Illustrated.

32 pages.

**P-73 \$2.00**

P-73c (Case of 150) \$270.00

**LDC/GSO:** \_\_\_\_\_



## Alateen Talk

Quarterly newsletter includes personal sharings from Alateen members and Group Sponsors, news, and activities. For members and groups. Mailed free to all registered Alateen groups.

**To order, see page 15.**



\* This announcement is informational only, and not an endorsement of any electronic media provider, reader, or other products sold by electronic media providers.

# Pamphlets/Group Materials

## Twelve Steps and Twelve Traditions for Alateen

Great meeting topic guide on our first two Legacies. Includes questions, discussions, and personal reflections by Alateen members. 60 pages.

**P-18 \$7.75** LDC/GSO: \_\_\_\_\_



## Youth and the Alcoholic Parent

Questions and suggestions help young people improve their own lives. 12 pages.

**P-21 \$4.40** LDC/GSO: \_\_\_\_\_



## A Guide for Sponsors of Alateen Groups

Basic information for Alateen Group Sponsors on starting and supporting an Alateen group. Six pages.

**P-29 \$1.10** LDC/GSO: \_\_\_\_\_



## Facts about Alateen

Basic information about Alateen, for young people affected by someone else's drinking. Six pages.

**P-41 \$2.25** LDC/GSO: \_\_\_\_\_



## Moving On! From Alateen to Al-Anon

Transitioning into Al-Anon described by former Alateen members as they continue recovery. 12 pages.

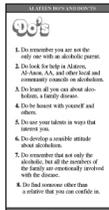
**P-59 \$5.50** LDC/GSO: \_\_\_\_\_



## Alateen Do's and Don'ts

Helpful suggestions on what to do—and what not to do. Wallet card.

**M-9 \$0.05** LDC/GSO: \_\_\_\_\_



## Just for Today (Alateen)

Offers Alateen ideas for making each day special, and reminders for focusing on the present.

**M-11 Wallet Card \$0.10** LDC/GSO: \_\_\_\_\_

**M-13 Bookmark \$0.10** LDC/GSO: \_\_\_\_\_



## Alateen Logos

For identification purposes at Al-Anon/Alateen events. Self-adhesive red triangles.

**M-15 100/\$2.25** LDC/GSO: \_\_\_\_\_

## Alateen Program Card

Wallet card with Alateen Preamble, Twelve Steps, Twelve Traditions, and Serenity Prayer.

**M-18 \$0.05** LDC/GSO: \_\_\_\_\_



## Alateen Table Card

Tent card reminds Al-Anon members that Alateen is available for their children. Space is provided to fill in the location, day, and time of the nearest Alateen meeting.

**M-80 \$1.15** LDC/GSO: \_\_\_\_\_



## Daily Checklist for Myself

For Alateen members taking a daily inventory, this handy Step Ten sheet can help.

**S-6 \$2.00** LDC/GSO: \_\_\_\_\_



## Has Your Life Been Affected by Someone Else's Drinking? Alateen Is for You!

Twenty questions help young people decide if Alateen is for them.

**S-20 \$0.03** LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).



## Alateen Sponsorship—Is It for You?

Questions for Al-Anon members help to decide about sponsoring an Alateen group.

**S-27 \$1.10** LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).



## Information for Educators: Alateen Meetings in Schools

Answers the questions educators ask about Alateen. Six pages.

**S-64 \$0.05** LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).



## Alateen Discount Package

Buy together and save on an assortment of Alateen pamphlets. Includes P-18, P-21, P-22, P-31, P-41, P-59, P-67, S-6, M-9, M-18.

**K-6 \$6.75** LDC/GSO: \_\_\_\_\_

## Alateen Discount Package

Buy together and save on the contents of the K-6 Package plus *Alateen—Hope for Children of Alcoholics* (B-3).

**K-7 \$10.25** LDC/GSO: \_\_\_\_\_

## Alateen Newcomer Packet

Welcomes new Alateen members with helpful leaflets assembled in a sleeve. Includes P-21, P-22, P-41, P-67, S-4, S-20, M-9, M-13, M-18, and a sample issue of *Alateen Talk*.

**K-18 \$1.40** LDC/GSO: \_\_\_\_\_

# Group Materials

The following items are available only as free downloads online at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

## **Al-Anon: Then and Now (AR-2)**

A brief history of Al-Anon, from the beginnings of A.A. to the present. Revised 2016

## **A Guide for Families of Al-Anon Members (AR-8)**

Tips for disposition of Al-Anon materials upon death of an Al-Anon member. Assists families of the deceased member.

## **Area Request for WSO Research (AR-9)**

Required form for research of historical information in the WSO Archives.

## **Forum Writing Guidelines (F-1)**

Suggestions for submitting stories to Al-Anon's monthly magazine.

## **Tips for GRs [Group Representatives] as Forum Representatives (F-2)**

Letting your group know about *The Forum*.

## **Al-Anon Registration/Group Records Change Form (GR-1)**

Stay connected by registering your group or changing information.

## **A.A.'s Resolution of Gratitude (S-10)**

A.A.'s salute to Al-Anon, presented in 1969.

## **Remember Al-Anon in Your Will (S-38)**

Helpful information for members who wish to make a bequest to Al-Anon. Four pages.

## **Fact Sheet for Electronic Meetings (S-60)**

Guidelines for participating in electronic meetings while keeping within Al-Anon's policies and Traditions. Four pages.

## **Group Inventory: Use of Conference Approved Literature (S-62)**

Questions about Al-Anon literature as an important tool in group meetings and personal recovery. Four pages.

## **FAQ for Al-Anon Web Sites (S-66)**

Frequently asked questions and guidelines about creating and maintaining Al-Anon Web sites. 12 pages.

## **Video Rentals**

For membership rental only. \$25.00 (includes all postage). Before receiving rental video, a Video Rental Order Form (S-35) must be completed and submitted with payment. *This form is available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).*

### **Lois's Story (AV-1)**

Al-Anon cofounder Lois W. describes our fellowship's beginnings. Wonderful for workshops, conventions, and anniversaries. 1971, color, DVD, 33 minutes. Closed captions included.

### **Lois W. & the Pioneers (AV-24)**

Al-Anon's cofounder, first General Secretary, and first *Forum* Editor recall the formative years of Al-Anon's headquarters. 1982, color, DVD, 22 minutes. Closed captions included.

## **Al-Anon Program Card**

Wallet card with Al-Anon Preamble, Twelve Steps, Twelve Traditions, Twelve Concepts of Service, General Warranties, and Serenity Prayer.  
**M-7 \$1.10** **LDC/GSO:** \_\_\_\_\_



## **Al-Anon Declaration Card**

"Let It Begin with Me" wallet card reminder.  
**M-8 \$1.10** **LDC/GSO:** \_\_\_\_\_



## **Just for Today**

Offers Al-Anon ideas for making each day special and reminders for focusing on the present.  
**M-10 Wallet card \$1.10** **LDC/GSO:** \_\_\_\_\_  
**M-12 Bookmark \$1.10** **LDC/GSO:** \_\_\_\_\_

## **Serenity Prayer Card**

"God grant me..." wallet card reminder.  
**M-26 \$1.10** **LDC/GSO:** \_\_\_\_\_



## **Legacy Poster Set**

Set of four 2'x 3' posters of Steps, Traditions, Concepts of Service, and Warranties. Rollable and tear-proof.  
**M-75 \$20.00** **LDC/GSO:** \_\_\_\_\_

## **Sponsorship—Working Together to Recover**

Bookmark about sponsorship, its purpose, and its focus. Includes essential characteristics of members who sponsor.  
**M-78 \$1.10** **LDC/GSO:** \_\_\_\_\_



## **Alateen Table Card**

Tent card reminds Al-Anon members that Alateen is available for their children. Space is provided to fill in the location, day, and time of the nearest Alateen meeting.  
**M-80 \$1.15** **LDC/GSO:** \_\_\_\_\_

## **Anonymity Table Card**

"Whom you see here..." tent card reminds members of confidentiality and our Twelfth Tradition.  
**S-9 \$3.35** **LDC/GSO:** \_\_\_\_\_

## **Al-Anon Focus/Declaration Table Card**

One side of this tent card reminds members to focus on our Legacies and leave other affiliations outside Al-Anon meetings. Other side contains the Al-Anon Declaration.  
**S-24 \$1.50** **LDC/GSO:** \_\_\_\_\_

## Guidelines

The shared experiences of Al-Anon and Alateen members.

✓ available in French ✕ available in Spanish

Available only as free downloads at  
[al-anon.org/members](http://al-anon.org/members) or • [al-anon.org/onlinestore](http://al-anon.org/onlinestore)

- G-1 Members Interested in Speaking ☒☑
- G-2 Beginners' Meeting ☒☑
- G-3 Cooperation between Al-Anon and A.A. ☒☑
- G-4 Al-Anon Information Services ☒☑
- G-5 Alateen Meetings in Schools ☒☑
- G-6 Area Literature Coordinators ☒☑
- G-7 Participation in an A.A. Convention ☒☑
- G-8a Taking a Group Inventory ☒☑
- G-8b Taking a Group Inventory ☒☑
- G-9 Outreach to Institutions (also see G-14) ☒☑
- G-10 Outreach to the Public/Media ☒☑
- G-11 Group Representative ☒☑
- G-12 Starting an Al-Anon Group ☒☑
- G-13 Suggested Programs for Meetings ☒☑
- G-14 Services in Correctional Facilities ☒☑
- G-15 District Meetings ☒☑
- G-16 Alateen Conferences
- G-18 Literature Distribution Centers ☒☑
- G-19 Starting an Alateen Group ☒☑
- G-20 Al-Anon/Alateen Area Conventions ☒☑
- G-21 Guideline for Newsletter Editors ☒☑
- G-22 A Meeting on Wheels ☒☑
- G-24 Area Alateen Coordinators ☒☑
- G-27 The Open Al-Anon Meeting ☒☑
- G-29 Outreach to Professionals ☒
- G-30 Area Archives ☒☑
- G-31 Ordering Literature ☒☑
- G-32 Area Forum Coordinators
- G-34 Alateen Safety Guidelines ☒☑
- G-36 Group Records Coordinator ☑
- G-37 District Representatives ☒☑
- G-38 Area Public Outreach Coordinator
- G-39 Electronic Al-Anon Meeting Guideline ☒☑
- G-40 Guideline for Al-Anon Web sites
- G-41 Reserve Fund Guideline ☒☑

### World Service Conference Summary

Reports and recovery stories from Al-Anon's annual Conference, held to ensure worldwide service and unity. Includes the World Service Office Annual Report. Current edition. 119 pages.

**P-46 \$5.00 each for shipping & handling** LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

### Birthday Envelope

Celebrate your Al-Anon birthday by sending a gratitude donation using this preaddressed envelope. Trilingual (English, French, and Spanish).

**E-1 Free**

Al-Anon Family Group Headquarters, Inc.

### Memorial Envelope

In memory of a loved one, Al-Anon members may make donations using this envelope. A card is also included to send to family members of the deceased.

**E-4 Free**

### Individual Envelope (Shoe)

Individual member contributions help express gratitude and ensure our program continues for future generations.

**E-5 Free**

### Al-Anon Logos

Self-adhesive blue triangles

**M-14 100/\$2.25**

LDC/GSO: \_\_\_\_\_

### Alateen Logos

Self-adhesive red triangles

**M-15 100/\$2.25**

LDC/GSO: \_\_\_\_\_

### Seventh Tradition

Describes the meaning of self-support within the Al-Anon fellowship. Six pages.

**S-21 \$2.25**

LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

### Links of Service

A clear and simple depiction of Al-Anon's service structure. Six pages. Revised 2016.

**S-28 \$1.15**

LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

### Why Conference Approved Literature?

About Al-Anon literature, how it is developed from members' shared experiences, and the importance of using it exclusively at Al-Anon/Alateen meetings. Six pages.

**P-35 \$1.10**

LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

### Joy of Service

Describes the growth and recovery that can occur through service. Six pages. Revised 2016.

**S-57 \$1.10**

LDC/GSO: \_\_\_\_\_

Also available as free download at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

### Loving Interchange to Resolve Conflict Wallet Card

Handy reminder for members and groups for ways to apply Al-Anon principles to resolve conflicts. Laminated fold-out card.

**S-71 \$1.00**

LDC/GSO: \_\_\_\_\_

### Conflict Resolution Using Our Twelve Traditions

Cards describe how applying Traditions can help resolve differences. Questions on each Tradition bring Al-Anon principles into the discussion.

**S-72 \$4.00**

LDC/GSO: \_\_\_\_\_

### Talk to Each Other—Resolving Conflicts within Al-Anon

Booklet that helps groups and service arms use the information in S-71 and S-72, with many examples of their direct applications in Al-Anon conflict situations. 16 pages.

**S-73 \$4.50**

LDC/GSO: \_\_\_\_\_

### Using Al-Anon Principles to Resolve Conflicts Kit

Information to aid members in preventing and dealing with conflict in Al-Anon groups and service arms. The Kit contains S-71, S-72, and S-73. Buy together and save.

**K-70 \$9.00**

LDC/GSO: \_\_\_\_\_

# 2017 Public Outreach Materials

Public outreach materials are for members, groups, districts, Al-Anon Information Services (AISs), and Areas to reach out to professionals, the media, institutions, and the public. Professionals can also use these materials to distribute to their clients.

## "Welcome!" Packets

Packets for the newcomer contain basic information about Al-Anon/Alateen. Groups can add local meeting information and literature of special interest.

### Al-Anon Newcomer Packet

Welcomes first-timers with basic introductory Al-Anon pamphlets assembled in a booklet. Includes P-14, P-19, P-48, P-53, P-67, S-4, M-12, and M-78.

**K-10 \$1.40** LDC/GSO: \_\_\_\_\_

### Alateen Newcomer Packet

Welcomes new Alateen members with helpful leaflets assembled in a sleeve. Includes P-21, P-22, P-41, P-67, S-4, S-20, M-9, M-13, M-18, and a sample issue of *Alateen Talk*.

**K-18 \$1.40** LDC/GSO: \_\_\_\_\_

### Al-Anon Adult Children of Alcoholics Newcomer Packet

Welcomes those who grew up with parental alcoholism. Includes P-47, P-48, P-53, S-4, S-25, S-69, and M-12 assembled in a sleeve.

**K-21 \$2.00** LDC/GSO: \_\_\_\_\_

### Men's Newcomer Packet

Welcomes men affected by someone else's drinking and lets them know they belong. Includes P-1, P-7, P-13, P-14, P-48, P-53, P-62, P-67, S-4, and M-12 assembled in a sleeve.

**K-23 \$2.00** LDC/GSO: \_\_\_\_\_

### Parents' Newcomer Packet

Welcomes those whose child has a drinking problem. Includes P-7, P-13, P-14, P-16, P-48, P-53, P-67, S-4, and M-12 assembled in a sleeve.

**K-24 \$2.00** LDC/GSO: \_\_\_\_\_

### Professional Packet

Helpful leaflets for professionals who help families and friends of alcoholics. Includes P-41, P-48, S-4, S-17, S-20, S-25, S-37 assembled in a sleeve.

**K-30 \$1.25** LDC/GSO: \_\_\_\_\_  
**K-30c Canadian** LDC/GSO: \_\_\_\_\_

## Helpful materials for public outreach

### Information for the Newcomer

Brief explanation of Al-Anon for the beginner. Eight pages. Revised 2016.

**S-4 \$ .20** LDC/GSO: \_\_\_\_\_

### Detachment

Easy-to-use handout explains the basics of detachment.

**S-19 \$ .03** LDC/GSO: \_\_\_\_\_

### Getting in Touch with Al-Anon/Alateen

Locate local Al-Anon and Alateen groups with this listing of Al-Anon Information Services/Intergroups throughout the world. Updated annually. Current edition.

**S-23 \$ .25** LDC/GSO: \_\_\_\_\_

*Information also available online at al-anon.org.*

### Are You Concerned about Someone's Drinking?

Small leaflet for attracting people to Al-Anon.

**M-1 \$ .03** LDC/GSO: \_\_\_\_\_

### Al-Anon/Alateen Is & Is Not Bookmark

Helps professionals and others understand Al-Anon and Alateen.

**M-44 \$ .10** LDC/GSO: \_\_\_\_\_

### Outreach Bookmark

A simple means to share Al-Anon's message in libraries, waiting rooms, or other public places.

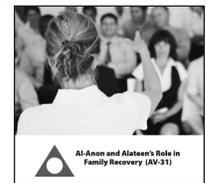
**M-76 Free**

### Professional Referral Pad

Easy way for professionals to make referrals to Al-Anon/Alateen.

**M-77 \$ .75** LDC/GSO: \_\_\_\_\_

## Al-Anon and Alateen's Role in Family Recovery



Al-Anon Family Groups' newest video offers short presentations for outreach to three primary audiences—adults, teens, and professionals. Great for outreach to professionals, their clients, and the public. Available on DVD, 75 minutes in total. (  subtitles)

**DVD: AV-31dvd \$5.00** LDC/GSO: \_\_\_\_\_

# Public Service Announcements (PSAs)

## Broadcast an Al-Anon message on your local TV and radio stations

Every year, hundreds of stations across the U.S. and Canada broadcast our PSAs at no charge. Do the stations in your community have a copy? Give them what they need to encourage more people to find help at Al-Anon meetings. Contact your Area Public Outreach Coordinator for more details.

### Al-Anon/Alateen Public Service

#### Announcements (PSAs) for Television

Videocassette tagged with U.S./Canada toll-free meeting information number. Beta SP format for TV broadcast. Includes multiple PSAs.

*View PSAs on-line at al-anon.org.*

**AV-30B U.S. English TV PSAs \$30.00**

LDC/GSO: \_\_\_\_\_

**CAV-30B Canada English TV PSAs \$30.00**

LDC/GSO: \_\_\_\_\_

### Al-Anon/Alateen Public Service

#### Announcements for Radio

CD tagged with U.S./Canada toll-free meeting information number.

**ACD-30 U.S. English Radio PSAs \$8.00**

LDC/GSO: \_\_\_\_\_

**CA-30 Canada English Radio PSAs \$8.00**

LDC/GSO: \_\_\_\_\_

### Al-Anon Posters

Let potential members know about Al-Anon with locally produced posters. See *The Best of Public Outreach* on the Members' Web site, al-anon.org/members, for more details.

## Questionnaires

### *Are You Troubled by Someone's Drinking? Al-Anon Is for You!*

Twenty questions help individuals identify a need for Al-Anon.

**S-17 \$0.03**

LDC/GSO: \_\_\_\_\_

### *Has Your Life Been Affected by Someone Else's Drinking? Alateen Is for You!*

Twenty questions for young people to decide if Alateen is for them.

**S-20 \$0.03**

LDC/GSO: \_\_\_\_\_

### *Did You Grow Up with a Problem Drinker? Al-Anon Is for You!*

Twenty questions for adult children to decide if they can benefit from Al-Anon.

**S-25 \$0.03**

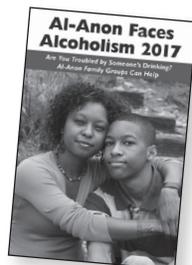
LDC/GSO: \_\_\_\_\_

### *Al-Anon Faces Alcoholism* magazine

Annual outreach magazine helps potential newcomers and professionals understand how Al-Anon can help. Offered two times per year. Available in English, French, and Spanish for members and groups to order in quantity. Check the Members' Web site, al-anon.org/members, for more details.

*Orders can be placed at the Al-Anon Online Store at al-anon.org/onlinestore.*

*Also available as free download at al-anon.org.*



For access to additional Public Outreach resources available electronically, please contact the WSO or your Area Public Outreach Coordinator.

## Suggested Reading for Professionals

### Books:

***How Al-Anon Works* (softcover edition)**

**B-32 \$6.00**

LDC/GSO: \_\_\_\_\_

***Courage to Be Me: Living with Alcoholism***

**B-23 \$11.00**

LDC/GSO: \_\_\_\_\_

### Pamphlets:

***Why Anonymity in Al-Anon?***

**P-33 \$0.35**

LDC/GSO: \_\_\_\_\_

***Understanding Ourselves and Alcoholism***

**P-48 \$0.25**

LDC/GSO: \_\_\_\_\_

***Al-Anon Spoken Here***

**P-53 \$0.35**

LDC/GSO: \_\_\_\_\_

***Youth and the Alcoholic Parent***

**P-21 \$0.40**

LDC/GSO: \_\_\_\_\_

***Facts about Alateen***

**P-41 \$0.25**

LDC/GSO: \_\_\_\_\_

✓ Also available in French    × Also available in Spanish

 Also available as free download at al-anon.org/onlinestore

# Public Outreach Pamphlets

## Al-Anon Fact File

Factual information for the general public, media, and professional community. Eight pages.

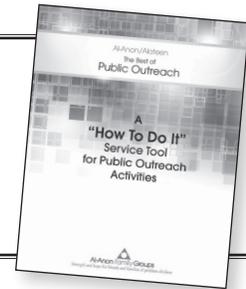
P-36 \$ .25

LDC/GSO: \_\_\_\_\_



## The Best of Public Outreach

Great outreach suggestions for organizing members' activities. Available only as free download at [al-anon.org/members](http://al-anon.org/members).



## Fact Sheet for Professionals

Ideal information for professionals, including counselors, doctors, and teachers. Eight pages.

S-37ES \$ .15 Bilingual (English/Spanish)

S-37EF \$ .15 Bilingual (English/French) Canada



## "Al-Anon Can Help" Series

These are ideal handouts for professionals and facilities.

### What Happens after Treatment?

English/French P-81EF \$ .15

LDC/GSO: \_\_\_\_\_

English/Spanish P-81ES \$ .15

LDC/GSO: \_\_\_\_\_



### Living in a Shelter?

English/French P-82EF \$ .15

LDC/GSO: \_\_\_\_\_

English/Spanish P-82ES \$ .15

LDC/GSO: \_\_\_\_\_



### Doubting Your Sanity?

English/French P-89EF \$ .15

LDC/GSO: \_\_\_\_\_

English/Spanish P-89ES \$ .15

LDC/GSO: \_\_\_\_\_



## Attracting and Cooperating

Al-Anon's Eleventh and Twelfth Traditions are explained for members working with the media and professionals. Eight pages.

S-40 \$ .10

## Alcoholics, Their Families, and the Judicial System

Helps lawyers, judges, family advocates, and other legal professionals refer families and friends of alcoholics to Al-Anon. Four pages.

S-65 EF \$ .10 Bilingual (English/French) Canada

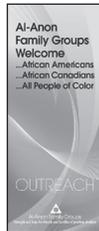
S-65 ES \$ .10 Bilingual (English/Spanish)



## Al-Anon's Path to Recovery— Al-Anon Family Groups Welcome Native Americans/Aboriginals

Outreach tool for Native communities describes the benefits of the Al-Anon program. Six pages.

S-67 \$ .05



## Al-Anon Family Groups Welcome... African Americans...African Canadians... All People of Color

Outreach tool for people of color can help them identify a need for the Al-Anon program. Six pages.

S-68 \$ .05



## Al-Anon Family Groups Welcome Adult Children of Alcoholics

Outreach tool for those who grew up with alcoholism is ideal for outreach both inside and outside the fellowship. Six pages.

S-69 \$ .05



## Al-Anon Family Groups Welcome Gays and Lesbians

Outreach tool for gays and lesbians shares that hope and help are available in Al-Anon. Six pages.

S-70 \$ .05

## Open Letters

Inform professionals how Al-Anon can help. Available as free downloads on-line at [al-anon.org/members](http://al-anon.org/members), in English, French, and Spanish.

**Open Letter to Spiritual Leaders** (OS-1)

**Open Letter to Doctors** (OD-2)

**Open Letter to a Lawyer** (OL-3)

**Open Letter to My Teacher** (OT-5)

**Open Letter to the Human Services Professional** (OH-6)

**Open Letter to the Student Assistance Professional** (OSP-7)

**Books/Booklets**

<i>Al-Anon and Alateen Groups at Work</i> (P-24)	4	<i>Courage to Change—One Day at a Time in Al-Anon II</i> (B-16, B-17, eB-16)	3	<i>Living with Sobriety</i> (P-49)	4
<i>Al-Anon/Alateen Service Manual</i> (P-24/27)	4	<i>Dilemma of the Alcoholic Marriage, The</i> (B-4)	2	<i>Living Today in Alateen</i> (B-26)	7
<i>Al-Anon Family Groups—Classic Edition, The</i> (B-5)	2	<i>Discovering Choices</i> (B-30)	3	<i>Lois Remembers</i> (B-7)	2
<i>Al-Anon's Twelve Steps &amp; Twelve Traditions</i> (B-8)	2	<i>From Survival to Recovery: Growing Up in an Alcoholic Home</i> (B-21)	2	<i>Many Voices, One Journey</i> (B-31)	3
<i>Alateen's 4th Step Inventory</i> (P-64)	7	<i>Having Had a Spiritual Awakening...</i> (eB-25)	3	<i>One Day at a Time in Al-Anon</i> (B-6, B-14) (eA-6, audiobook)	3
"Alateen Talks Back" Series (P-68-73)	7	<i>Hope for Today</i> (B-27, B-28)	3	<i>Opening Our Hearts, Transforming Our Losses</i> (B-29)	3
<i>Alateen—a day at a time</i> (B-10)	7	<i>How Al-Anon Works for Families &amp; Friends of Alcoholics</i> (B-22, hardcover) (B-32, softcover)	2, 12	<i>Paths to Recovery—Al-Anon's Steps, Traditions, and Concepts</i> (B-24)	2
<i>Alateen—Hope for Children of Alcoholics</i> (B-3) (eB-3, e-book)	3, 7	(eB-22, e-book)	2, 3	<i>Paths to Recovery Workbook</i> (P-93)	4
<i>As We Understood...</i> (B-11)	2	(eA-22, audiobook)	2, 3	<i>Reaching for Personal Freedom—Living the Legacies</i> (P-92)	4
<i>Blueprint for Progress</i> (Original) (P-5)	4	... <i>In All Our Affairs: Making Crises Work for You</i> (B-15)	2	<i>When I Got Busy, I Got Better</i> (P-78)	4
<i>Blueprint for Progress</i> (Revised) (P-91)	4			<i>World Service Conference Summary</i> (P-46)	10
<i>Courage to Be Me—Living with Alcoholism</i> (B-23)	7, 12				

**Pamphlets/Other Materials**

<i>A.A.'s Resolution of Gratitude</i> (S-10)	9	<i>Are You Concerned about Someone's Drinking?</i> (M-1)	11	<i>Logos</i> (M-14, M-15)	8, 10
<i>Al-Anon Adult Children of Alcoholics Newcomer Packet</i> (K-21)	11	<i>Are You Troubled by Someone's Drinking?</i> (S-17)	12	<i>Lois's Story</i> (video) (AV-1)	9
<i>Al-Anon/Alateen Is &amp; Is Not</i> (M-44)	11	<i>Attracting and Cooperating</i> (S-40)	13	<i>Lois W. &amp; the Pioneers</i> (video) (AV-24)	9
<i>Al-Anon and Alateen's Role in Family Recovery</i> (AV-31 dvd)	11	<i>Best of Public Outreach, The</i>	13	<i>Loving Interchange to Resolve Conflict</i> Wallet Card (S-71)	10
"Al-Anon Can Help" series (P-81, P-82, P-89)	13	<i>Birthday Envelope</i> (E-1)	10	<i>Memorial Envelope</i> (E-4)	10
<i>Al-Anon Declaration Card</i> (M-8)	9	<i>Catalogs</i>	14	<i>Men's Newcomer Packet</i> (K-23)	11
<i>Al-Anon Faces Alcoholism</i> magazine	12	<i>Concepts—Al-Anon's Best-Kept Secret, The</i> (P-57)	6	<i>Moving On! From Alateen to Al-Anon</i> (P-59)	8
<i>Al-Anon Fact File</i> (P-36)	13	<i>Conflict Resolution Using Our Twelve Traditions</i> (S-72)	10	<i>Newcomer Packets</i>	8, 11
<i>Al-Anon Family Groups Welcome Adult Children of Alcoholics</i> (S-69)	6, 13	<i>Daily Checklist of Myself</i> (S-6)	8	<i>Open Letters</i>	13
<i>Al-Anon Family Groups Welcome... African Americans... African Canadians... All People of Color</i> (S-68)	6, 13	<i>Detachment</i> (S-19)	11	<i>Order Forms</i>	14, 15
<i>Al-Anon Family Groups Welcome Gays and Lesbians</i> (S-70)	6, 13	<i>Did You Grow Up with a Problem Drinker?</i> (S-25)	12	<i>Outreach Bookmark</i> (M-76)	11
<i>Al-Anon Focus, The</i> (P-45)	6	<i>Does She Drink Too Much?</i> (P-62)	6	<i>Parents' Newcomer Packet</i> (K-24)	11
<i>Al-Anon Focus/Declaration Table Card</i> (S-24)	9	<i>Doubting Your Sanity?</i> (P-89)	13	<i>Parents of Alcoholics</i> Reprint (R-18)	6
<i>Al-Anon Is for Men</i> (P-1)	6	<i>Fact Sheet for Electronic Meetings</i> (S-60)	9	<i>Paths to Recovery Set</i> (K-31)	2, 4
<i>Al-Anon Newcomer Packet</i> (K-10)	11	<i>Fact Sheet for Professionals</i> (S-37)	13	<i>Professional Packet</i> (K-30)	11
<i>Al-Anon Posters</i>	12	<i>Facts about Alateen</i> (P-41)	8, 12	<i>Professional Referral Pad</i> (M-77)	11
<i>Al-Anon Program Card</i> (M-7)	9	<i>FAQ for Al-Anon Web Sites</i> (S-66)	9	<i>Public Service Announcements (PSAs)</i>	12
<i>Al-Anon Sharings from Adult Children</i> (P-47)	5	<i>Forum Writing Guidelines</i> (F-1)	9	<i>Purpose and Suggestions</i> (P-13)	5
<i>Al-Anon Spoken Here</i> (P-53)	5, 12	<i>Forum, The</i>	3, 15	<i>Remember Al-Anon in Your Will</i> (S-38)	9
<i>Al-Anon's Cofounders</i> (P-87)	6	<i>Freedom from Despair</i> (P-6)	5	<i>Serenity Prayer Card</i> (M-26)	9
<i>Al-Anon's Path to Recovery</i> (S-67)	6, 13	<i>Getting in Touch with Al-Anon/Alateen</i> (S-23)	11	<i>Service Sponsorship: Working Smarter, Not Harder</i> (P-88)	6
<i>Al-Anon's Twelve Traditions Illustrated</i> (P-60)	6	<i>Group Registration Form</i> (GR-1)	9	<i>Seventh Tradition</i> (S-21)	10
<i>Al-Anon: Then and Now</i> (AR-2)	9	<i>Group Inventory: Use of Conference Approved Literature</i> (S-62)	9	<i>So You Love an Alcoholic</i> (P-14)	5
<i>Al-Anon, You, and the Alcoholic</i> (P-2)	5	<i>Guide for Sponsors of Alateen Groups, A</i> (P-29)	8	<i>Sponsorship, What It's All About</i> (P-31)	5
<i>Alateen Discount Packages</i> (K-6, K-7)	8	<i>Guide for Families of Al-Anon Members, A</i> (AR-8)	9	<i>Sponsorship—Working Together to Recover</i> (M-78)	9
<i>Alateen Do's and Don'ts</i> (M-9)	8	<i>Guide for the Family of the Alcoholic, A</i> (P-7)	5	<i>Talk to Each Other—Resolving Conflicts within Al-Anon</i> (S-73)	10
<i>Alateen Newcomer Packet</i> (K-18)	8, 11	<i>Guidelines</i> (G-1 – G-41)	10	<i>This Is Al-Anon</i> (P-32)	5
<i>Alateen Program Card</i> (M-18)	8	<i>Has Your Life Been Affected by Someone Else's Drinking?</i> (S-20)	8, 12	<i>Three Views of Al-Anon</i> (P-15)	5
<i>Alateen Service e-Manual</i>	7	<i>How Can I Help My Children?</i> (P-9)	6	<i>Tips for GRs as Forum Representatives</i> (F-2)	9
<i>Alateens Share with Adults in Their Lives</i> (P-67)	6	<i>If Your Parents Drink Too Much</i> (P-22)	7	<i>To Parents of Alcoholics</i> (P-16)	6
<i>Alateen Sponsorship—Is It for You?</i> (S-27)	8	<i>Individual Envelope (Shoe)</i> (E-4)	10	<i>Twelve Steps and Traditions, The</i> (P-17)	5
<i>Alateen Table Card</i> (M-80)	8, 9	<i>Information for Educators</i> (S-64)	8	<i>Twelve Steps and Twelve Traditions for Alateen</i> (P-18)	8
<i>Alateen Talk Newsletter</i>	7, 15	<i>Information for the Newcomer</i> (S-4)	11	<i>Understanding Ourselves and Alcoholism</i> (P-48)	5, 12
<i>Alcoholics, Their Families, and the Judicial System</i> (S-65)	13	<i>Joy of Service</i> (S-57)	10	<i>Using Al-Anon Principles to Resolve Conflicts</i> Kit (K-70)	10
<i>Alcoholism, a Merry-Go-Round Named Denial</i> (P-3)	5	<i>Just for Today</i> Wallet Card or Bookmark (M-10, M-12)	9	<i>Videos</i>	9, 11
<i>Alcoholism, the Family Disease</i> (P-4, P-4L)	5	<i>Just for Today</i> Wallet Card or Bookmark (Alateen) (M-11, M-13)	8	"Welcome!" Packets	8, 11
<i>Anonymity Table Card</i> (S-9)	9	<i>Legacy Poster Set</i> (M-75)	9	<i>What Do YOU Do about the Alcoholic's Drinking?</i> (P-19)	5
<i>Area Request for WSO Research</i> (AR-9)	9	<i>Links of Service</i> (S-28)	10	<i>What Happens After Treatment?</i> (P-81)	13
		<i>Living in a Shelter?</i> (P-82)	13	<i>Why Conference Approved Literature?</i> (P-35)	10
				<i>Why Anonymity in Al-Anon?</i> (P-33)	5, 12
				<i>Youth and the Alcoholic Parent</i> (P-21)	8, 12

## Step 1

Item	Catalog #	Price \$	Quantity	Total cost
1				
2				
3				
4				
5				
6				
7				
8				

### Catalogs & Order Forms

One copy of any of the following may be ordered at no charge. They are also available as free downloads at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

- S-14 Al-Anon/Alateen Directory for Members with Special Needs**  
*Listing of services and Al-Anon materials available for members with disabilities.*
- S-15 Catalog: Al-Anon/Alateen Recovery and Service Material**
- S-16 Conference Approved Literature (CAL) and Service Materials order form**
- FS-16 French Translations listing and order form**
- SS-16 Spanish Translations listing and order form**
- S-35 Lois's Story/Lois W. & the Pioneers video rental order form**

The following forms are **only** available as **free downloads** at [al-anon.org/onlinestore](http://al-anon.org/onlinestore).

- S-13 Translations of Conference Approved Literature**  
*Al-Anon books and pamphlets translated into 38 languages.*
- S-41 The Forum magazine order form**

<b>Subtotal</b>
<b>Virginia Residents add 6% (state sales tax)</b>
<b>Shipping &amp; Handling in U.S., Bermuda, Puerto Rico</b> for orders totaling \$0-\$100.00 add \$10.00 for orders over \$100.00 add 10%
<b>Shipping &amp; Handling within Canada</b> for orders totaling \$0-\$100.00 add \$20.00 for orders over \$100.00 add 20%
<b>Shipping &amp; Handling overseas</b> for orders totaling \$0-\$50.00 add \$20.00 for orders over \$50.00 add 50%
<b>Contributions to WSO: (Members Only)</b> Please provide Group Number if applicable
<b>Total Amount Enclosed</b>

## Step 2

### Make checks payable and mail your order to:

AFG, Inc., 1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

**On-line: [al-anon.org](http://al-anon.org)**

**Fax your order to 757-563-1655.**

Do not send cash; No C.O.D. orders.  
Please allow three weeks for delivery.  
Canadian payments may be made in Canadian funds at the U.S. dollar equivalent.

\* The security code is an "extra" number that accompanies your credit card. On Visa, MasterCard, and Discover, the number is the last three digits from the back of the card as it appears on/near the signature strip. On American Express cards, the number appears above and to the right of the regular card number on the front of the card.

Visa, MasterCard, American Express, and Discover accepted.  
Please provide us with the information below:

- Visa**    **MasterCard**    **American Express**    **Discover**

Exp. Date \_\_\_\_\_ Telephone \_\_\_\_\_

Card number \_\_\_\_\_

Card Security Code\* \_\_\_\_\_

Signature \_\_\_\_\_

*Required on all charge orders*

## Step 3

Send to: (please print)

\_\_\_\_\_

Name

\_\_\_\_\_

Address

\_\_\_\_\_

City/State/Province

\_\_\_\_\_

Zip/Postal Code/Country

Check total \$	Date	Order #
Do not write in this space		

**Order from your local Literature Distribution Center (LDC):**

**Thank you for your order.**

**Remember—when you buy from your local Literature Distribution Center, you support your local services.**

# The Forum and Alateen Talk subscription order form

## The Forum

### The voice of Al-Anon recovery—today

Al-Anon's monthly magazine features timely sharings from Al-Anon and Alateen members, suggested meeting topics, and the latest information on worldwide Al-Anon recovery.

Experience and insight you won't find anywhere else!



An electronic edition of *The Forum* is available for purchase through your electronic media provider. (Please see page 3 for more details.)

One Year Subscription Price		Number of subscriptions per month	Number of years per subscription	Total amount enclosed
<input type="checkbox"/> U.S., Bermuda, Puerto Rico	<b>\$11</b> US			
<input type="checkbox"/> Canada, Other Countries	<b>\$23</b> US			

This subscription is:

- new  
 renewal

## Alateen Talk

Quarterly newsletter includes personal sharings from Alateen members and Group Sponsors.



One Year Subscription Price		Number of years per subscription	Total amount enclosed
<input type="checkbox"/> One Copy	<b>\$2.50</b> US		
<input type="checkbox"/> Ten Copies	<b>\$7.50</b> US		

This subscription is:  new  renewal

Send this subscription to: (for Group subscriptions see below)

Name \_\_\_\_\_ Street \_\_\_\_\_

City, State/Province, Zip \_\_\_\_\_ Country \_\_\_\_\_

**The above is a gift. Please send me a gift card at:**

Name \_\_\_\_\_ Street \_\_\_\_\_

City, State/Province, Zip \_\_\_\_\_ Country \_\_\_\_\_

**Group subscription:** All Group subscriptions are mailed to the CMA address on record.

Group # \_\_\_\_\_ City, State/Province \_\_\_\_\_

if you don't know your group # fill out the following

Meeting Place & Time \_\_\_\_\_

**Payment Method:**

**DO NOT SEND CASH • NO C.O.D. ORDERS.**

Checks, Visa, MasterCard, Discover, and American Express accepted.  
Canadian subscription payments may be made in Canadian funds at the U.S. dollar equivalent.

**Checks payable to:** AFG, Inc. **Fax order:** (757) 563-1655 **On-line:** al-anon.org/members

**Mail order:** AFG, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

When using a credit card, please provide us with the following information.

Visa  MC  Disc  Amex Phone # \_\_\_\_\_

Card Number \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_ Exp. Date \_\_\_\_\_

Please allow six to eight weeks for delivery.  
No refunds for subscription cancellation.

Date	Amount	Type	Order No.