



DISTRICT 10 NEWS

Greater Orlando – Panel 55 “Participation is the Key to Harmony”

NOVEMBER 2017

Quick Connect

District 10 Mailing Address

Al-Anon District 10
P.O. Box 568854
Orlando FL 32856
407.896.4929

Donations

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Payable to: NFA AFG, Inc.

Mail to: 9200 NW 39th Ave., Ste 130-51
Gainesville, FL 32606

Payable to: AFG, Inc.

Mail to: AFG, Inc.
1600 Corp. Landing Pkwy
Virginia Beach, VA 23454-5617

District 10 Website

al-anonorlando.org

AFG - Area 9 Florida North Website

AFGArea9.org

Spanish Information

Al-Anon Servicio de Informacion Intergrupo
PO Box 452685
Kissimmee FL 34745 Kissimmee, FL 34745
407.253.9848 | Alanon.Ayuda@yahoo.com



For anonymity, the newsletter does not publish personal phone and emails. If you would like to contact someone at the district level, please email aisorlandoinfo@gmail.com or phone 407.896.4929.



PANEL 58 ELECTIONS November 11th

Please bring incoming Panel 58 Group Representatives with you! This is the best opportunity for them to come to their first District Meeting as new GR's. Panel 58 service positions are listed on our web site: al-anonorlando.org/members.html

Our business meeting will be shortened to accommodate the election of our new panel.

As always, fellowship begins at 9:00 and the meeting gets underway at 9:30.

Please bring a breakfast item to share and your Brown Bag Raffle contribution.

See You There!



NEW MEETING!

Beginning Soon in the Four Corners Area

Hope For Today AFG | FRIDAYS – 8:00 PM

This meeting will have an adult child focus, and meet in Davenport – convenient to Clermont, West Kissimmee and the Walt Disney World resort area.

Renée D. is seeking a few good members to help seed the meeting for about six months.

If you are willing to serve, she would love to speak with you at the district meeting. Or, you can email reneeloves2serve@gmail.com and we will put her in touch with you!





Our Next Workshop is Saturday, December 9th

Gratitude Lunch – 11:30 – 2:30 in Crismon Hall | First United Church of Christ

Bring a dish to share and a basket for the raffle!



Pot Luck!

Beverages and Desserts will be Provided!

The flyer has a blue background with white snowflakes. The title "Wonderland of Recovery" is in a purple, cursive font. Below it, the text "District 10 Gratitude Lunch" and "Al-Anon with AA Participation" is in a purple, sans-serif font. The date "Saturday, December 9, 2017" and time "11:30am - 2:30pm" are in a white, sans-serif font. The location "First United Church of Christ of Orlando" and "4605 Curry Ford Road, Orlando, FL 32812" is in a white, sans-serif font. There are two penguin icons on either side of the date and time. At the bottom, there are two columns of bullet points in a white, sans-serif font. The left column lists "Lunch", "Fun & Fellowship", and "Entertainment". The right column lists "Speakers", "50/50 Raffle", and "Basket Raffle". A snowman icon is placed between the two columns of bullet points. The text "(Baskets Needed)" is in a white, sans-serif font at the bottom right.

Wonderland of Recovery
District 10 Gratitude Lunch
Al-Anon with AA Participation

Saturday, December 9, 2017
11:30am - 2:30pm

First United Church of Christ of Orlando
4605 Curry Ford Road, Orlando, FL 32812

- Lunch
- Fun & Fellowship
- Entertainment

- Speakers
- 50/50 Raffle
- Basket Raffle

(Baskets Needed)



From *THE FORUM* this Month

Are You Ready for the Holidays?

Families and friends of alcoholics sometimes experience their biggest disappointments during what is supposed to be the happiest time of the year. Without Al-Anon Family Groups, the holiday season can bring high expectations without a back-up plan in case a family's history repeats itself – like mine used to do.

Public Outreach messages are real life savers during the holidays. When alcoholic drinking interferes with family get-togethers, office parties, gift exchanges or just the necessities of life, invitations to a local Al-Anon or Alateen meeting can be priceless. For example, copies of *Al-Anon Faces Alcoholism* magazine with local meeting schedules tucked inside might catch a family member's eye exactly when they need to find help and hope.



Individual Al-Anon Family Groups that decide to meet on or near holidays can inspire members, as well as newcomers. Hearing people's heartfelt stories at any time of the year has been a real honor for me, but especially on holidays. When the whole world is celebrating, newcomers in pain have given me the opportunity to offer a warm welcome, an understanding ear, a knowing nod and the last present a lot of people ever expected to receive – an Al-Anon hug.

It doesn't take much to be part of the solution for people who need to find Al-Anon. It could be our donation in the group's basket that goes around the room at every meeting. It could be a vote to purchase *Al-Anon Faces Alcoholism* magazines, or the willingness to stuff them with meeting schedules and put them where families and friends can find them. It could be updating our group's information at our Area or the World Service Office, so people who call or go on-line will know how to find our meeting. It could be putting a sign at the front door, so people will know which room has the Al-Anon meeting.

It could be a thank you to a local TV or radio station for playing the Al-Anon public service announcements. It could be a poster or a billboard that says, "When you don't know where to turn because someone drinks too much . . . Al-Anon can help." In Al-Anon and Alateen meetings over the years, I have often asked my Higher Power the same question. "Of the thousands of eligible people who are within a few miles of this meeting, how did I get to be one of the lucky ones?" It happened because anonymous members in Seattle took the time to give meeting schedules to a counselor, who gave one to me.

Happy holidays, everyone. Please do what you can to help others have a happy holiday, too.

By Pat Q., Associate Director of Public Outreach/Media
The Forum, November 2017

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2017 Calendar of Events

January	February	March	April	May	June
<p>21 District 10 Business Meeting (9 AM)</p>	<p>3-4 AWSC (Attended by DR, AISL)</p> <p>6 Support Team Visit Pine Castle Friendship 8 PM</p> <p>11 District 10 Workshop (9:30 AM)</p>	<p>18 District 10 Business Meeting (9)</p> <p>29 Travel Team Visit – ALL WELCOME! Today's Hope AFG SUMMIT CHURCH WATERFORD</p>	<p>8 District 10 Workshop (9 AM) "I Need to Feel to Heal"</p>	<p>5-7 Spring Assembly & TEAM Event Hilton Altamonte Springs, 350 Northlake Blvd.</p> <p>13 District 10 Business Meeting (9 AM)</p>	<p>1 Travel Team Visit – EASY DOES IT AFG COLLEGE PARK PRESBYTERIAN CHURCH (8 PM)</p> <p>10 District 10 Workshop (9 AM) "CAL Movies"</p> <p>17 Travel Team Visit – DISCOVERING CHOICES AFG LIFESTREAM BEHAVIORAL CENTER CLERMONT (3 PM)</p>
July	August	September	October	November	December
<p>8 District 10 Business Meeting (9 AM)</p> <p>13 Travel Team Visit – MCKEY STREET JUEVES BOOK RACK OCOEE (7PM)</p> <p>19 Travel Team Visit – HOPE FOR TODAY AFG LIFE SONG ORLANDO (7PM)</p> <p>22 Travel Team Visit – SATURDAY'S HOPE REBOS CLUBHOUSE ST CLOUD (10 AM)</p> <p>30 Deadline for special \$115/night Convention rate at Grand Hyatt Tampa Bay</p>	<p>12 District 10 Workshop "All Hands on Deck" (9:30 AM)</p> <p>18 Deadline for Convention Dining Plans & Discounted Registration (will be \$45 at the door)</p> <p>18-19 AWSC (Attended by DR, AISL)</p> <p>25-27 28th Annual North Florida Area Convention Recovery Rodeo Grand Hyatt Tampa Bay, 2900 Bayport Drive, Tampa</p>	<p>16 District 10 Business Meeting (9 AM - Noon) <i>Cancelled due to hurricane – next meeting is October 14!</i></p>	<p>6-8 Fall Assembly (AFG Area 9) ELECTION Hilton Altamonte Springs, 350 Northlake Blvd</p> <p>14 District 10 Business Meeting (9 AM - Noon)</p> <p style="text-align: center;">Date changed from 9/16</p>	<p>11 District 10 Business Meeting (9 AM - Noon) ELECTION – PANEL 58</p> <p>Please be sure to encourage incoming GRs to attend!</p> <p>23 </p>	<p>9 District 10 Gratitude Lunch (11:30 – 2:30) See flyer on page 2 for details!</p> <p style="text-align: center;"></p>

NOTE: All District 10 meetings & workshops held at the First United Church of Christ of Orlando, in Crismon Hall, 4605 Curry Ford Road, Orlando, 32812