

# The Serenity Prayer

God grant me the Serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And Wisdom to know the difference.

## Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

## The Twelve Steps

Study of these steps is essential to progress in the Al-Anon program. The principles they embody are universal, applicable to everyone, whatever their personal creed. In Al-Anon, we strive for an ever-deeper understanding of these steps, and pray for the wisdom to apply them to our lives:

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.



### Al-Anon Information & Contacts:

District 10: 407-896-4929

World Service Office: 888-425-2666

WSO Group Records Dept.: 800-344-2666

Spanish Al-Anon Servicios de Informacion:  
407-253-9848 or [Alanon.Ayuda@yahoo.com](mailto:Alanon.Ayuda@yahoo.com)

District 10 Website: [www.al-anonorlando.org](http://www.al-anonorlando.org)

District 10 email: [AFGdistrict10info@gmail.com](mailto:AFGdistrict10info@gmail.com)

District 10 Twitter: [@AFGorlando](https://twitter.com/AFGorlando)

Area 9 Florida North website: [www.AFGArea9.org](http://www.AFGArea9.org)

World Service Website (WSO): [www.al-anon.org](http://www.al-anon.org)

World Service Office email: [WSO@al-anon.org](mailto:WSO@al-anon.org)

WSO Online Meetings: [al-anon.org/al-anon-meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

WSO Teen Corner: [alanon.org/newcomers/teen-corner-alateen/](http://alanon.org/newcomers/teen-corner-alateen/)

### District 10 Mailing Address:

District 10 AFG, Inc 3956 Town Center Blvd #256  
Orlando, FL 32837

### Business Meeting District 10:

Sat May 11, 2024 9-12pm

### Next Workshop Date (open):

Sat June 8 9-12pm

First United Church of Christ

4605 Curry Ford Road Orlando, FL 32812

**All are welcome to join us!**

\*Hybrid meeting is defined as an in-person meeting with an expanded electronic component (i.e., Zoom).

### SUNDAY:

**Sunday Serenity AFG** – WSO #30516639 **4:00pm**  
**\*Hybrid meeting**  
St. Luke's Methodist Church  
The Barnes Learning Center (BLC) room 210  
4851 S. Apopka-Vineland Road, Orlando, FL 32819  
*Handicap-accessible (elevator is available)*  
**Observers are welcome**  
Zoom details – MTG ID = 896 6500 0439 PW = -serenity-

### MONDAY:

**Celebration AFG** – WSO #30553609 **9:30am**  
Celebration Presbyterian Church  
St. Andrew's Room  
511 Celebration Ave., Celebration, FL 34747  
*Handicap-accessible*

**Serenity Now** – WSO #30651435 **7:00pm**  
UCF Student Union Room 313  
12715 Pegasus Dr, Orlando, FL 32816  
*Park in Garage H or Lots D1/C1. After-hours parking fee applies.*  
**Observers are welcome**

**Serenidad** – WSO #30793191 **7:15-8:30pm**  
Vine Church  
1003 S. John Young Parkway, Kissimmee, FL 34741  
**Spanish Speaking, Observers are welcome**

**Monday Miracles AFG** – WSO #53821 **7:30pm**  
**Time change starting May 6 7pm**  
West Orange Church of Christ  
1450 Daniels Rd., Winter Garden, FL 34787  
*Handicap-accessible*

**Changing Tides AFG** – WSO #032798 **7:30pm**  
St. Matthias Episcopal Church  
562 W. Montrose Street, Clermont, FL 34711  
**Observers are welcome**  
Zoom details – MTG ID 895 9459 3567 PW = 722989  
**\*Hybrid meeting**

**Pinycastle Friendship AFG** – WSO #2820 **8:00pm**  
St. Mary's of the Angels Episcopal Church  
6314 Matchett Road, Orlando, FL 32809

### TUESDAY:

**Peace Within AFG** – WSO #60351 **7:00pm**  
Zoom details – MTG ID = 840 6677 8984 PW = Peace1

**Sólo Por Hoy En Al-Anon AGF** – WSO #501315 **7:30pm**  
REBOS Clubhouse  
1614 Orange Ave., Saint Cloud, FL 34769  
**Spanish Speaking**

### WEDNESDAY:

**Just For Today AFG** – WSO #42902 **9:00am**  
Zoom details – MTG ID = 721 329 835 PW = ODAT  
**Observers are welcome**

**College Park 12 Step AFG** – WSO #501470 **7:00pm**  
**As of 11/02/22 in person only**  
College Park Methodist Church  
644 W. Princeton Street, Orlando, FL 32804  
(Corner of Princeton & Edgewater) *Literature study*  
**Observers are welcome**

**Today's Hope AFG** – WSO #2809 **7:00pm**  
LifeSong Church  
preschool area, Starfish hallway in Sandollar room  
2800 S. Alafaya Dr., Orlando, FL 32828  
**1<sup>st</sup> Wed. is a Step meeting**  
**Observers are welcome, Masks optional**

**Vive y Deja Vivir** – WSO #30812643 **7:30pm**  
Holy Redeemer Church  
1603 N. Thacker Ave. Kissimmee, FL 34741  
Anexo detras de Oficina (Annex behind office)  
**Spanish Speaking**

For newcomers or non-members, please reach out to the District 10 phone number at **407-896-4929** with any questions.  
Meetings listed with **"Observers are welcome"** may be attended by professionals or others who wish to find out more about the Al-Anon program.

### THURSDAY:

**Stepping Forward** – WSO #30735416 **10:00am**  
Zoom details – MTG ID = 881 5395 9959 PW = stepping  
book used: **Reaching for Personal Freedom**

**Discovering Choices AFG** - WSO #30553976 **7:00pm**  
**\*Hybrid meeting**  
St. Matthias Episcopal Church  
562 W. Montrose Street, Clermont, FL 34711  
**Observers are welcome**  
Zoom details – MTG ID = 839 9988 6553 PW = 266118

**Easy Does It AFG** – WSO #62998 **8:00pm**  
**\*Hybrid meeting**  
College Park Presbyterian Church  
118 E Par St, Orlando, FL 32804  
*Park in back, enter from Par St to River Room*  
For an invitation to this Zoom meeting, send an email requesting access to: [Easydoesit407@gmail.com](mailto:Easydoesit407@gmail.com)

### FRIDAY:

**Friday Morning Lights AFG** – WSO #30648971 **9:30am**  
**\*Hybrid meeting**  
St. Luke's Methodist Church  
The Barnes Learning Center (BLC) room 210  
4851 S. Apopka-Vineland Road, Orlando, FL 32819  
*Handicap-accessible (elevator is available)*  
**Observers are welcome**  
Zoom meeting – MTG ID = 913 514 518 PW = ODAT

**Family and Friends AFG** - WSO #30812640 **7:00pm**  
Eastside Club House  
2017 N Goldenrod Rd, Orlando, FL 32807  
**Observers are welcome**

### SATURDAY:

**Saturday's Hope AFG** – WSO #30625104 **10:00am**  
REBOS Clubhouse  
1614 Orange Ave., Saint Cloud, FL 34769

The World Service Al-Anon website lists hundreds of electronic meetings available under the Global Electronic Area. Check out the updated search function. It shows the next meeting available electronically:  
<https://meetings.al-anon.org/electronic-meeting-page/>  
While there are no musts in Al-Anon, we share our suggestions for Al-Anon Family Group(s) **in person** meetings: Masks are required in some venues, please come prepared. Wash your hands with soap & water and if not available, use hand sanitizer prior to the meeting & after. If you are sick, please stay home & avoid crowds. For health-related questions, go to the FL Dept of Health: <https://floridahealthcovid19.gov/> or check with your local county health dept. Thanks for your understanding.

\* All Al-Anon/Alateen meetings are available to members or prospective members who feel their lives have been or are being affected by alcoholism in a family member or friend.

If for any reason there is a discrepancy in this meeting list, please contact District 10 Information Services of Central Florida: 407-896-4929 or [AFGdistrict10info@gmail.com](mailto:AFGdistrict10info@gmail.com)