

ALATEEN TALK

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Recycle your program

Recycle *Alateen Talk* Experience, Strength, and Hope with

- 1 Al-Anon and Alateen Groups
- 2 Al-Anon and Alateen Newcomers
- 3 Members involved in Alateen Public Outreach Activities

ALATEEN TALK

I Love Alateen

Alateen has changed my whole life. I used to be a very depressed and lonely person. I had no one to talk to about my problems. I was afraid to ask for help. But when I joined Alateen, I found a group of people who understood me. They were there for me when I needed them. They helped me to see that I was not alone. They helped me to find the strength I needed to face my problems. I am now a happy and confident person. I am grateful to Alateen for everything it has done for me.

Alateen has changed my whole life

Alateen is a place where you can find support and understanding. It is a place where you can share your experiences and learn from others. It is a place where you can find the strength you need to overcome your problems. Alateen is a place where you can find hope and a better future.

ALATEEN TALK

How has Alateen helped me to be happier?

Alateen has helped me to be happier in many ways. It has given me a sense of community and support. It has helped me to find the strength I needed to face my problems. It has helped me to see that I am not alone. It has helped me to find hope and a better future. Alateen is a place where you can find support and understanding. It is a place where you can share your experiences and learn from others. It is a place where you can find the strength you need to overcome your problems. Alateen is a place where you can find hope and a better future.

My self esteem has changed since coming to Alateen

Alateen has helped me to see that I am not alone. It has helped me to find the strength I needed to face my problems. It has helped me to see that I am not alone. It has helped me to find hope and a better future. Alateen is a place where you can find support and understanding. It is a place where you can share your experiences and learn from others. It is a place where you can find the strength you need to overcome your problems. Alateen is a place where you can find hope and a better future.

Alateen Talk

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